

Ph.D. in “Life Course Research” – Psychological curriculum

Academic Year 2023-2024

Title: Adulthood

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Objectives

The course will focus on some topics that acquire specific importance during adulthood, such as couple relationship, health, changes in body image and transition from school to work. The role of gender will be examined across these different topics. With respect to couple relationship, communication and satisfaction will be addressed, keeping in mind the complexity of dyadic relationships. Problems related to health in adulthood will be addressed, focusing on the role of gender norms and the way in which they can affect individuals' wellbeing. The effects of changes investing one's body in adulthood will be examined, devoting particular attention to the construct of positive body image. As regards transition from school to work, opportunities and challenges that individuals have to face will be examined. For all these topics, special attention will be paid to methodological issues, such as research designs, instruments and proper data analyses.

Program

Monday afternoon (Instructors: dr. Duccio Baroni; prof. Alejandro Magallares):
Relationship satisfaction and wellbeing

Tuesday afternoon (Instructors: dr. Elisa Sarda; prof. Rosa Maria Liminana):
Gender and health in adulthood

Wednesday afternoon (Instructors: dr. Silvia Cerea)
Positive body image

Friday afternoon (Instructor: Ingrid Shoon)
Transitions from school-to-work

Suggested lecture

Scientific papers and other material will be suggested by the instructors.

Requirements

None.